

SEND

HELP



A



B

SEND HELP

KEEP THIS - in your glove compartment or residence. In case of an emergency, it could become your most valuable possession.

TO GET HELP - in vehicle, open window slightly and place this card through crack, then close window on the card in order to hold it in place as shown in **Diagram A**. The front of this card reflects brilliantly at night and is equally effective in daylight. At home, display as shown in **Diagram B** where visible to passers-by.

TO GIVE HELP - when you see a "SEND HELP" card displayed or other signals indicating distress such as a raised hood, or a handkerchief tied to a door handle or radio antenna, do not stop. Signal your intentions to send help by blowing your horn. Then proceed to the next town and notify someone who is in the business of rendering assistance such as a gas station or police. Take no chances. Your personal safety is important too.



Kansas Bureau of Investigation
1620 Southwest Tyler
Topeka, KS 66612
785-296-8200

IF YOU ARE BEING FOLLOWED:

1. Keep calm.
2. Try to get your follower's license number and a description of his vehicle.
3. Drive to the nearest police facility.
4. Honk your horn and flash your lights to attract attention to yourself.
5. If you are not close to a police facility, drive to an area where police are: i.e. gas station, all night restaurant, etc.
6. Do not betray your residence to your follower, you may be setting yourself up as a victim in the future.
7. If necessary, drive into someone's driveway and honk the horn.
8. Do not leave your car. Consider it a suit of armor.
9. Remember the weapons you have at your disposal; keys, hat pins, fingernails, teeth, forehead, elbows, knees and feet.
10. Remember your attacker's weak points: eyes, nose, throat, solar plexus, groin, knees, shins, ankles and toes.

MISCELLANEOUS MOTORING TIPS:

1. Keep your gas tank full and your car in good repair.
2. Have your battery and spare tire checked regularly.
3. If you have a breakdown while on the road, do not open your car door to a stranger, ask him to summon the police for you.
4. Plan your trip, let someone know where you are going and when you will return.
5. Travel with a friend if possible.
6. Do not pick up hitch hikers.
7. Keep your doors locked at all times.

**REMEMBER, THE BEST SELF-DEFENSE IS
COMMON SENSE.**